

Sunday, June 1, 2014

The Daniel Plan: 40 Days to a Healthier Life - Faith | Food | Fitness | Friends | Focus

Events of Interest

Grief Recovery Method Summer Program ~ A Program for Moving Beyond Death, Divorce and Other Losses

Wednesdays | Starting June 4 | 6 - 8 PM
The Gathering Center
The Grief Recovery Method is a 9 - week directed and supported process, each week building upon the last for all losses. Presented by HomeCare & Hospice of the Valley . To register:
Jennifer Bouchet - 970-456-7026

Biblical/Spiritual Counseling Available

Doug Self, Pastor Emeritus, is on our staff to provide help for you when you face life's problems or a desire to grow spiritually. This consultation opportunity also includes helping people with relational difficulties, especially marriage/family challenges. Or, you may be struggling with your faith or have questions about the Bible, other religions, etc...

Doug Self - Peakdog@theorchardlife.com

UPCOMING ANNOUNCEMENT?

E-mail us 2 weeks in advance to have it included in the bulletin.

Melissa@theorchardlife.com

HOST YOUR EVENT AT THE GATHERING CENTER!

Birthdays | Weddings | Corporate | Non-Profit | Showers | Anniversaries | Holiday Parties | and More
Scott@TheOrchardLife.com

This Week's Calendar of Events

TODAY's Activities

10:45 AM Seminar Group - Room 206

Monday June 2 Activities

No Activities

Tuesday June 3 Activities

6 AM Summit Conditioning with Kara Montie at Carbondale Rec. *(Drop in fee or pass required)*

4 PM Carbondale Walking Group with Amy Self.

5 PM Hike up Mushroom Rock with Scott Robinson. Meet at Mushroom Rock Parking Lot.

Wednesday June 4 Activities

8:30 - 10:30 AM Hiking Group with Roz Fowler in GWS. Call Roz 945-8940.

Noon Walk with Pastor Daniel. Meet at The Orchard

5:30 PM Fitness Class with Jon Lip, owner of Sopris Crossfit. Meet at The Orchard

6:30 PM Seminar Group - Room 206

Thursday June 5 Activities

8:30 AM- Seminar Group in Glenwood | 0108 Mountain Shadows Drive

Noon Summit Conditioning with Kara Montie at Carbondale Rec. *(Drop in fee or pass required)*

Sunday June 8 Activities

10:45 AM Seminar Group - Room 206

Celebration Potluck - Bring your best Daniel Plan dish to share!

Monday June 9 Activities

Grilling & Parties Cooking Class - \$8 Adults / \$4 Kids. Please sign up at the Activities Table so that we have enough supplies.

Tuesday June 10 Activities

6 AM Summit Conditioning with Kara Montie at Carbondale Rec. *(Drop in fee or pass required)*

5 PM Hike up Mushroom Rock with Scott Robinson. Meet at Mushroom Rock Parking Lot.

Wednesday June 11 Activities

8:30 - 10:30 AM Hiking Group with Roz Fowler in GWS. Call Roz 945-8940.

Noon Walk with Pastor Daniel. Meet at The Orchard

5:30 PM Fitness Class with Jon Lip, owner of Sopris Crossfit. Meet at The Orchard

6:30 PM Seminar Group - Room 206

Thursday June 12 Activities

8:30 AM- Seminar Group in Glenwood | 0108 Mountain Shadows Drive

Noon Summit Conditioning with Kara Montie at Carbondale Rec. *(Drop in fee or pass required)*

THE DANIEL PLAN
GOD'S PRESCRIPTION FOR YOUR HEALTH

Jenny - jenny@theorchardlife.com
Melissa - melissa@theorchardlife.com



FAITH | FOOD | FITNESS
 FOCUS | FRIENDS

The God Factor

Human beings are incredible and powerful beings, capable of great things! But how does God's power eclipse our power and where are you fruitlessly struggling in your own power, while God is offering you divine empowerment that goes beyond this world?

Bottom line: God can and does do the impossible.

These 5X5 verses apply to next weeks' sermon. Study with these verses before next Sunday and then bring your insights from your study .

5X5 Daily Bible Readings

- Day 1: 1 Samuel 17:1-58 (emphasis v37-40)
- Day 2: 2 Corinthians 10:3-5
- Day 3: Psalm 122
- Day 4: Ephesians 6:1-18
- Day 5: Luke 18:1-8

Growth Group Questions:

ICEBREAKER: Just a fun question; all expenses covered, where would you move for the summer?

Recap the sermon on The God Factor; what connected, what notes did you take, what points were made?

READ Ephesians 3:20 in NIV & The Message. Discuss this verse: God can do how much & what human element in this verse keeps us from seeing how much He can do?

Think of a situation in your life right now that seems impossible or improbable? It could be a sin issue you deal with, a breaking/broken relationship, a financial or work issues - what is an area that your greatest power just can't win it all? Verbalize to the group if you can but understandably, some of these are our deepest fears.

READ Jeremiah 32:27, Romans 8:31, Job 42:2, Matthew 17:20, Matthew 19:26, Mark 9:23. You see where we're going with this, I hope. Discuss some stories in the Bible where God came through & did the impossible.

Bottom line: do you believe that God can do the impossible in your life? **READ Hebrews 11:1.**

More importantly; do you believe He *will* do it? How is this different from the question before & how is it harder?

READ Matthew 13:58 and Matthew 9:27-30. Discuss the difference between these two & how important faith was in the equation.

When it comes to the God Factor, in your life, how important is your faith in the equation? **READ Hebrews 11:6** & again, discuss the level of your faith & how God views it.

Be challenged this week to begin to believe God for the impossible, to have faith, true faith, that He can do what you cannot. More than that, that He *will* do what you cannot in your life. Take prayer requests on this topic & tell the group the places you need God to do the impossible.

Notes:

A Note On Funding The Orchard's Vision & Mission

The offerings of the people committed to the Vision & Mission of The Orchard are what support our Ministry. We do not "pass the plate". An offering box is located in front of the stained glass and at the rear of the auditorium or if you would like to give by credit/debit card there is a Giving Kiosk in the Gathering Center Entrance.

You may also give on-line or complete an envelope if you wish to give via credit/debit card.

May Total:	\$50,727	YTD Received:	\$291,964
April Budget:	\$64,500	YTD Budget:	\$350,833