

Sunday, May 4, 2014

Connect With Us

Wondering What Is Going On at The Orchard? Go to our new interactive site!

<https://TheOrchardLife.ccbchurch.com>

View the Weekly Calendar & see what Groups are happening. Also you can register for a log-in to access more information.

Melissa - melissa@theorchardlife.com

Date Night!

Kid's Night Out @ The Orchard ~ AKA Date Night!!!

Friday | May 16 | 6-9 PM

An evening of fun for kids age 3-10

Games, Crafts, Movies & More!

Donations benefit the Dream Center Missions Team

Please sign up at the table in the GC on Sunday

Kara - kara@theorchardlife.com



Student Ministry News

Stay in the loop with all the activities going on this summer:

<http://orchardparents.com/upcoming-events>

Kara - kara@theorchardlife.com



HOST YOUR EVENT AT THE GATHERING CENTER!

Birthdays | Weddings | Corporate | Non-Profit | Showers | Anniversaries | Holiday Parties | and More

Scott@TheOrchardLife.com

The Daniel Plan: 40 Days to a Healthier Life
Faith | Food | Fitness | Friends | Focus

This Week's Calendar of Events

Be sure to sign up for events that have an RSVP so that we have supplies.

ALL ACTIVITIES ARE FREE UNLESS OTHERWISE NOTED

All events subject to cancellation due to lack of RSVP's

TODAY's Activities

10:45 AM Seminar Group - KIDChurch Room

10:45 Personal profiles | Men Room 204 | Women Room 201

11:00 Tai' Chi with John Norton—learn the basics of this low impact exercise that will help with balance and core strength.

1 PM YFC Run @ Two Rivers Park

Monday May 5 Activities

6 AM GWS Walking Group with Melissa Miller. Meet at the Parking lot next to Mtn. Market.

6 PM Cinco de Mayo done Healthy **\$8 Adults \$4 Kids up to age 12 Sign up at the Activities Table so we have enough food!**

Tuesday May 6 Activities

6 AM Summit Conditioning with Kara Montie at Carbondale Rec. **(Drop in fee or pass required)**

4 PM Carbondale Walking Group with Amy Self. Meet at The Orchard.

5 PM Hike up Mushroom Rock with Scott Robinson. Meet at Mushroom Rock Parking Lot.

Wednesday May 7 Activities

Noon Walk with Pastor Daniel. Meet at The Orchard

6:30 PM Seminar Group - Room 206

Thursday May 8 Activities

7:15 - 8:15 AM Seminar Group in Glenwood | 1105 Red Mtn. Drive

8:30 - 10:30 AM Hiking Group with Roz Fowler in GWS. Call Roz at 945-8940 for location.

Noon Summit Conditioning with Kara Montie at Carbondale Rec. **(Drop in fee or pass required)**

6 PM - The Importance of Hydration **\$2 per person Please sign up at the Activities Table so we have enough supplies.**

Sunday May 11 Activities ~ Happy Mother's Day!

10:45 AM Seminar Group - KIDChurch Room

1 PM Mother's Day Mile @ GMA - Kid Run | Adult Timed Run | Fun Walk | Apple Pie & Roses for Mom at the finish | Great Silent Auction | Benefit for the Advocate Safehouse Project

2 PM Mother's Day Mile Potluck at Sayer Park - We have reserved the lower shelter for a family-fun Daniel Plan Friendly Potluck. Bring a dish to share!

Join the Face Book Group! Search The Orchard's Daniel Plan Group or

<https://www.facebook.com/groups/240881386095631/>



GOD'S PRESCRIPTION FOR YOUR HEALTH

www.danielplan.com

Jenny - jenny@theorchardlife.com

Melissa - melissa@theorchardlife.com

Growth Groups will start again

THIS WEEK!

Get signed up for the next session today!

Daniel - daniel@theorchardlife.com



